

COVID-19 SOLIDARITY

Want to know how you can support the community members who are the hardest hit by the current circumstances?

ONLINE PLATFORMS

impactdays.be

a platform referencing solidarity opportunities based on one's location.

covid-solidarity.org

offering your time to do your neighbour's groceries has never been so easy. Print flyers and put them in your building.

giveaday.be

a platform that connects volunteers with people in need.

listminut.be

a platform where people share what they can offer and what they need.

solidare-it.org

a neighbourhood solidarity platform where people can find and offer help.

PROACTIVENESS

home deliver medicine

call your local pharmacy in your neighbourhood to help deliver medicines to elderly or disabled people. Orders of medical supplies have boomed and some pharmacies are overwhelmed.

write a note in your building

leave a written note in the entrance hall of your building to let your neighbours know that you are available to help them.

make a donation to a hospital

hospitals need to purchase more expensive respirators and reanimation beds.

join in the applause

at 8:00 PM, every evening, join the thousands of citizens who open their windows and clap, shout or play music to show support to the nurses and doctors who are fighting the pandemic.



YOU WANT TO GIVE A HELPING HAND

There are many ways in which you can show support and have a positive impact on the lives of your neighbours.



HOMELESSNESS & FOOD BANKS

infirmiersderue.org

give hygiene products or cloths for the homeless.

restosducoeur.be

make a financial donation or give non-perishable food items that can be divided into individual portions (incl. beverages).

fruitcollect.be

give perishable food products.

sanspapiers.be

give food, clothes, cleaning and hygiene products, gloves, blue and white trash bags.



FOLLOW HYGIENE RULES

- ✓ wash your hands regularly.
- ✓ wear gloves and a mask.
- ✓ avoid shaking hands.



THANK YOU VERY MUCH
FOR YOUR HELP!